

Self-Evaluation of Restorative Dental Hygiene Program

Name of Applicant:

Program Name:

Date of Program Delivery:.....
 (MM/YYYY) TO (MM/YYYY)

Institution:

Use restorative program/course documentation to complete the form below. If you are unable to find evidence of a particular objective/competency listed in the form, you should contact the school where you completed your course of study and ask them to provide additional documentation. If you are unable to provide documented evidence that a competency was learned, the Registration Committee may not be able to approve the restorative dental hygiene program.

***LEGEND FOR LEVEL OF PERFORMANCE:**

- K – KNOWLEDGE: Exposed to this competency in THEORY ONLY during the course of my dental hygiene program.
- L – LABORATORY: Experience with this competency in a laboratory setting or in preclinical activities (observation, manikins or student partners) during my dental hygiene program.
- E – EVALUATION: Evaluated and received a grade for this competency either in a THEORY course, a LABORATORY component or in a PRECLINICAL course.
- C – DIRECT CLIENT CARE EVALUATION: Performed this competency frequently, independently and competently and was assessed and given a grade on numerous occasions during the course of my dental hygiene program.

CDHO RESTORATIVE COMPETENCIES	ASSESSMENT OF THE APPLICANT'S EDUCATION								
	Was the competency taught in the program? Mark with an (v)		If YES, where is it evidenced in the curriculum / documentation provided? (Name(s) of document and page number(s)).		If YES, at what level of performance was it done during program? *Use legend above. Mark with an (v)				Additional notes/comments (ex. specific examples that show how you have met the competency during your Dental Hygiene program or, if applicable, additional education or courses).
	YES	NO	Documentation	Page(s)	K	L	E	C	
1. Accurately record all details of restorative dental hygiene procedures performed.									
2. Utilize four-handed techniques in performing restorative procedures. <i>(optional)</i>									
3. Discuss the relevance of moisture control in the successful placement of restorations and/or prosthetics. Demonstrate appropriate moisture control and field isolation techniques.									

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	YES	NO	Documentation	Page(s)	K	L	E	C	
4. Describe necessary personal protective equipment for both operator and client during the handling of restorative materials. Discuss theories related to the removal of amalgam restorations.									
5. Describe past and current theories related to the protection of the pulp and the use of liners and bases for this purpose.									
6. Describe the theory and practice regarding the use of matrices and wedges in restorative practice including: <ul style="list-style-type: none"> Identifying the importance of the functional contact and cervical contour as it relates to tissue health Proper adaptation of the matrix Periodontal ligament effect Tissue response depending on location of tooth restoration Use of appropriate materials or combination in each individual situation Determining how and what materials to mix together to avoid harm to supporting tissue 									
7. Compare bonding materials used in restorative practice including: <ul style="list-style-type: none"> Selecting the appropriate material for the client Risks/benefits and advantages/disadvantages of different materials Placement and curing of materials Understanding manufacturer's instructions Understanding curing properties – light, time needed, recognizing when the product is working Proper storage of materials 									
8. Discuss and demonstrate the appropriate handling of amalgam during placement of restorations and describe/perform accepted mercury hygiene procedures as required.									

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	YES	NO	Documentation	Page(s)	K	L	E	C	
9. Discuss and demonstrate the properties of composite materials including appropriate handling and any precautions that must be taken during their use.									
10. Describe other direct and indirect techniques including: <ul style="list-style-type: none"> • Cosmetic filling, direct composite veneers, bonding • Lab-fabricated restorations, e.g. ceramic veneer • Computer-assisted dentistry 									
11. Demonstrate proficiency in the use of the high- and slow-speed hand piece including techniques to preserve tooth structure and the appropriate use of burs.									
12. Describe and demonstrate the appropriate finishing and polishing of all types of restorations.									
13. Describe and demonstrate the appropriate use of materials for appropriate tissue management, e.g. gingival retraction cord.									
14. Describe and demonstrate the proper and appropriate procedures for making occlusal adjustments and describe special consideration for restorations involving tooth-borne partials.									
15. Describe the proper and appropriate procedures and techniques for the placement of temporary crowns, bridges, or restorations including IST, cementing permanent crowns, bridges, inlays, and onlays.									
16. Describe the proper and appropriate procedures and techniques for the placement of implants and prosthetics.									
17. Discuss forecasting possible periodontal responses to restorations and how this information may be used in selecting the appropriate materials and methods to use.									

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18. Describe the risks and benefits and differentiate between various methods of pain management including: <ul style="list-style-type: none"> • Topicals • Anaesthetics • Desensitizers 									
19. Describe and apply current protocols related to infection prevention and control.									
20. Describe and discuss considerations regarding the esthetics of selected restorations including: <ul style="list-style-type: none"> • Material/colour selection • Proportions/contour/anatomy 									
21. Discuss form and function and how they relate to whether a procedure will achieve its desired appearance and outcome.									
22. Describe and discuss how joint decision making and informed consent relate to recommended restorative procedures.									
23. Describe and demonstrate appropriate post-operative instructions for the restorative procedures in the dental hygiene scope of practice.									