

Form 3: Self-Evaluation of Educational Credentials

Full Name of Applicant: Date of Birth (MM/DD/YY):

Dental Hygiene School: Years Attending: Date of Graduation:

CDHO will provide you with copies of all course-related documentation that were submitted to the College from your institution of study. Use only this documentation to complete the form below. If you are unable to find evidence of a particular objective/competency listed below, you should contact the school and ask them to provide additional documentation directly to CDHO, who will then forward a copy to you. **If the school is unable to provide documented evidence that a competency was learned, the Registration Committee may not be able to approve the dental hygiene program.**

***LEGEND FOR LEVEL OF PERFORMANCE:**

- K – KNOWLEDGE:** I was exposed to this competency in THEORY ONLY during the course of my dental hygiene program.
- L – LABORATORY :** I had personal experience with this competency in a laboratory setting or in preclinical activities (observation, manikins or student partners) during my dental hygiene program.
- E – EVALUATION:** I was personally evaluated and received a grade for this competency either in a THEORY course, a LABORATORY component or in a PRECLINICAL course.
- C – DIRECT CLIENT CARE EVALUATION:** I personally performed this competency frequently, independently, and competently and I was assessed and given a grade on numerous occasions during the course of my dental hygiene program.

DENTAL HYGIENE COMPETENCIES	ASSESSMENT OF THE APPLICANT'S DENTAL HYGIENE PROGRAM							
	Was the competency taught in your Dental Hygiene program? Mark with an (v)		If YES, where is it evidenced in the Dental Hygiene curriculum provided? (Name(s) of document and page number(s)).		If YES, at what level of performance was it done during your Dental Hygiene program? *Use legend above. Mark with an (v)		Additional notes/comments (ex. specific examples that show how you have met the competency during your Dental Hygiene program or, if applicable, additional education or courses).	
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PROFESSIONALISM: 1. RESPONSIBILITY Each dental hygienist has the responsibility to promote delivery of and access to quality dental hygiene services.								
1.1 Apply evidence-based decision making approaches to the analysis of information and current practices.								
1.2 Apply the behavioural, biological and oral health sciences to dental hygiene practice decisions.								
1.3 Promote healthy behaviours of self, colleagues, clients and the public.								

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1.4 Act as a knowledge source for clients, professionals and the public seeking information about oral health and access to oral health care.									
1.5 Contribute to actions that will support change and facilitate access to care; particularly for vulnerable populations.									
1.6 Assist in the prevention and management of outbreaks and emergencies.									
1.7 Advocate for oral health programs and policies.									
1.8 Promote social responsibility to advance the common good.									
1.9 Support community partners in their efforts to improve quality of life.									
1.10 Adhere to current jurisdictional legislation, regulations, codes of ethics, practice standards, guidelines, and policies relevant to the profession and practice setting.									
1.11 Recognize client rights and the inherent dignity of the client by obtaining informed consent, respecting privacy, and maintaining confidentiality.									
1.12 Use a client-centered approach, always acting or advocating in the client's best interest.									
PROFESSIONALISM: 2. ACCOUNTABILITY Each dental hygienist is accountable to the client/public; responsible for ensuring that her/his practice and conduct meets legislative requirements and adheres to the accepted standards of the profession.									
2.1 Practice within personal limitations and legal scopes of practice including federal, provincial and territorial laws and regulations.									
2.2 Apply Codes of Ethics in all endeavors while acting with personal integrity.									
2.3 Report unethical, unsafe and incompetent services to the appropriate regulatory organizations.									
2.4 Facilitate confidentiality and informed decision-making in accordance with applicable legislation and codes of ethics.									

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2.5 Maintain documentation and records consistent with professional practice standards and applicable legislation.									
PROFESSIONALISM: 3. KNOWLEDGE APPLICATION Each dental hygienist uses current and relevant information to inform client care and practice decisions.									
3.1 Access relevant and credible resources through various information systems.									
3.2 Apply evidence-based decision making approaches to the analysis of information and current practices.									
3.3 Critique literature findings to determine their potential value to dental hygiene practice.									
3.4 Support conclusions based on a variety of resources with sound rationales.									
3.5 Integrate new knowledge into appropriate practice environments.									
3.6 Disseminate findings to colleagues and other professionals.									
3.7 Apply critical thinking to decision-making process and make choices to ensure optimum client outcomes.									
PROFESSIONALISM: 4. CONTINUING COMPETENCE Each dental hygienist maintains and continually improves her/his competence in response to changes in health care, scientific information, technology, and professional expectations.									
4.1 Initiate positive change based on supporting literature and practice standards.									
4.2 Self- assess professional performance in relation to standards of practice.									
4.3 Create personal plans for continuing competence and professional development.									
4.4 Seek opportunities to mentor colleagues and access mentors for guidance.									

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4.5 Bring educational opportunities into own practice settings.									
PROFESSIONALISM: 5. PROFESSIONAL RELATIONSHIPS Each dental hygienist establishes and maintains relationships with colleagues, other health professionals, employers and the regulatory authority to ensure improved client care and safety, mutual respect and trust.									
5.1 Share information with other professionals about the dental hygienists' scope of practice.									
5.2 Clarify her/his role in interprofessional care.									
5.3 Use effective verbal, non-verbal, visual, written and electronic communication.									
5.4 Promote team relationships to support client services.									
5.5 Function effectively within oral health and inter-professional teams and settings.									
5.6 Promote actions that encourage shared workplace values and respect.									
5.7 Disseminate oral health information to colleagues and other professionals.									
5.8 Collaborate with community, health care professionals and other partners in providing, maintaining and advocating for oral health care programs.									
5.9 Collaborate with community, health care professionals and other partners to achieve health promotion goals for individuals and communities.									
5.10 Demonstrate commitment to the profession through community service activities and affiliations with professional organizations.									
PROFESSIONALISM: 6. DENTAL HYGIENIST - CLIENT RELATIONSHIP Each dental hygienist ensures client-centered care by establishing and maintaining positive, professional relationships with clients, families and significant others, which are focused on client needs and based on respect, empathy, and trust.									

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6.1 Assess, diagnose, plan, implement and evaluate services for clients.									
6.2 Use effective verbal, non-verbal, visual, and written communication when working with clients, family members, substitute decision makers and stakeholders.									
6.3 Demonstrate active listening and empathy to support client services.									
6.4 Respect diversity in others to support culturally sensitive and safe services.									
6.5 Respect the autonomy of clients as full partners in decision-making.									
6.6 Select communication approaches based on clients' characteristics, needs, and linguistic and health literacy level.									
6.7 Accept the views of clients about their values, health and decision-making.									
6.8 Convert oral health information in a manner relevant to clients using the principles of health literacy.									
6.9 Support clients in using community resources when needed.									
6.10 Communicate with clients in an open, honest, clear and timely way.									
PRACTICE ENVIRONMENT:									
7. HEALTH & SAFETY									
Each dental hygienist is responsible for ensuring her/his practice environment meets or surpasses accepted standards for client safety and infection control and supports the wellbeing of self, clients and other team members.									
7.1 Apply current knowledge regarding infection prevention and control.									
7.2 Respond to medical emergencies based on CPR and first aid standards.									
7.3 Apply principles of risk reduction for client, colleague and practitioner safety, health and wellbeing.									
7.4 Integrate principles of body ergonomics to support clinician's health.									

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7.5 Apply quality assurance standards and protocols to ensure a safe and effective working environment.									
7.6 Take responsibility for maintaining equipment used for services, including service records.									
7.7 Protect the environment by responsible use of consumables and disposal of waste products including biohazardous wastes.									
7.8 Contribute to a healthy work environment for individuals involved in the practice.									
PRACTICE ENVIRONMENT: 8. PRACTICE MANAGEMENT Each dental hygienist is responsible for ensuring her/his practice environment supports the efficient and appropriate delivery of dental hygiene services.									
8.1 Manage dental hygiene services individually and as part of a team.									
8.2 Manage time and other resources to enhance the quality of services provided.									
8.3 Use computer technology to access electronic resources and enhance communication.									
8.4 Use information systems and reports for collection, retrieval and use of data for decision making.									
8.5 Initiate positive change based on supporting literature and practice standards.									
8.6 Support the financial aspects related to the provision of dental hygiene services.									
8.7 Work with budgets related to dental hygiene practice settings.									
8.8 Promote actions that encourage shared workplace values and respect.									
8.9 Model the mission, vision and priorities of the organization in the practice context.									
8.10 Use principles associated with strategic planning to support change.									

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DENTAL HYGIENE SERVICES AND PROGRAMS:								
9. DENTAL HYGIENE ASSESSMENT: Involves the systematic collection and analysis of data to identify client needs, and oral health problems involving medical and dental histories, vital signs, extraoral and intraoral examinations, radiographs, indices, and risk assessment.								
9.1 THERAPEUTIC/PREVENTIVE THERAPY:								
9.1A Collect accurate and complete data on the general, oral, and psychosocial health status of clients.								
9.1B Use professional judgment and methods consistent with medico-legal-ethical principles to complete client profiles.								
9.1C Identify clients for whom the initiation or continuation of treatment is contra-indicated based on the interpretation of health history and clinical data.								
9.1D Identify clients at risk for medical emergencies and use strategies to minimize such risks.								
9.1E Use appropriate oral health indices for the identification and monitoring of high risk individuals and groups.								
9.1F Recognize the influence of the determinants of health on oral health status.								
9.1G Discuss findings with other health professionals when the appropriateness of dental hygiene services is in question.								
9.2 ORAL HEALTH EDUCATION								
9.2A Elicit information about the clients' perceived barriers to and support for learning when planning clients' education.								
9.2B Elicit information about the clients' oral health knowledge, beliefs, attitudes and skills as part of the educational process.								
9.2C Assess the clients' motivation for learning new and for maintaining established health related activities.								
9.2D Assess clients' need to learn specific information or skills to achieve, restore, and maintain oral health and promote overall wellbeing.								

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9.2E Assess the individual client's learning style as part of the planning process.									
9.3 HEALTH PROMOTION									
9.3A Use information systems and reports for collection, retrieval and use of data for decision making.									
9.3B Identify barriers to access to oral health care for vulnerable populations.									
9.3C Identify populations with high risk of diseases including oral diseases.									
9.3D Analyze health issues in need of advocacy.									
9.3E Recognize political, social, and economic issues in the interest of the public.									
DENTAL HYGIENE SERVICES AND PROGRAMS: 10. DIAGNOSIS: A dental hygiene diagnosis involves the use of critical thinking skills to reach conclusions about clients' dental hygiene needs based on all available assessment data.									
10.1 Formulate a dental hygiene diagnosis using problem solving and decision-making skills to synthesize information.									
DENTAL HYGIENE SERVICES AND PROGRAMS: 11. PLANNING: Planning involves the establishment of realistic goals and selection of dental hygiene interventions that can move a client closer to optimal oral health.									
11.1 THERAPEUTIC/PREVENTIVE THERAPY									
11.1A Prioritize clients' needs through a collaborative process with clients and, when needed, substitute decision makers and/or other professionals.									
11.1B Establish dental hygiene care plans based on clinical data, a client-centered approach and the best available resources.									
11.1C Design and implement services tailored to the unique needs of individuals, families, organizations and communities based on best practices.									

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11.1D Revise dental hygiene care plans in partnership with the client and, when needed, in collaboration with substitute decision makers and/or other professionals.									
11.2 ORAL HEALTH EDUCATION									
11.2A Negotiate mutually acceptable individual or program learning plans with clients.									
11.2B Develop educational plans based on principles of change and stages of behaviour change.									
11.2C Create an environment in which effective learning can take place.									
11.2D Select educational interventions and develop educational materials to meet clients' learning needs.									
11.3 HEALTH PROMOTION									
11.3A Select and implement appropriate health promotion strategies and interventions for individuals and communities.									
11.3B Recognize the role of governments and community partners in promoting oral health.									
DENTAL HYGIENE SERVICES AND PROGRAMS:									
12. IMPLEMENTATION:									
Implementation of dental hygiene interventions involves the process of carrying out the dental hygiene care plan designed to meet the assessed needs of the client.									
12.1 THERAPEUTIC/PREVENTIVE THERAPY									
12.1A Provide preventive, therapeutic and supportive clinical therapy that contributes to the clients' oral and general health.									
12.2 ORAL HEALTH EDUCATION									
12.2A Incorporate educational theories, theoretical frameworks and psycho-social principles to inform the educational process.									

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12.2B Include clients, family and care providers as appropriate in the education process.									
12.2C Provide health advice and assist clients in learning oral health skills by coaching them through the learning process.									
12.3 HEALTH PROMOTION									
12.3A Use a holistic and wellness approach to the promotion of oral health and optimal general health.									
12.3B Apply appropriate theories to initiate change at an individual and community level.									
12.3C Apply principles of health protection through prevention and control of disease and injury.									
12.3D Advocate for healthy public policy with and for individuals and communities.									
12.3E Apply knowledge of common health risks to inform public policy and educate practitioners and the public.									
12.3F Strengthen individuals' abilities to improve health through strategies that focus on community development and capacity building.									
12.3G Participate in the development and delivery of social marketing message.									
DENTAL HYGIENE SERVICES AND PROGRAMS:									
13. EVALUATION: Evaluation is the measurement of the extent to which the client has achieved the goals specified in the plan of care.									
13.1 THERAPEUTIC/PREVENTIVE THERAPY									
13.1A Evaluate clients' health and oral health status using determinants of health and risk assessment to make appropriate referral(s) to other health care professionals.									
13.1B Evaluate the effectiveness of the implemented clinical therapy.									

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13.1C Provide recommendations in regard to clients' ongoing care including referrals when indicated.									
13.2 ORAL HEALTH EDUCATION									
13.2A Evaluate the effectiveness of learning activities and revise the educational process when required.									
13.3 HEALTH PROMOTION									
13.3A Use measurable criteria in the evaluation of outcomes and solicit feedback from stakeholders regarding results.									
13.3B Communicate findings to stakeholders and the public.									